



**NOTICE OF OPEN WORK SESSION  
OF THE CITY COUNCIL OF THE CITY OF  
NORTH KANSAS CITY, MISSOURI,**

**July 6, 2021  
6:00 PM**

The tentative agenda of this meeting includes:

**1. Call Meeting to Order**

**2. NKC Healthy Citizen Initiative** 

Tina Weaver, Executive Director of the North Kansas City YMCA, will present the NKC Healthy Citizens Initiative proposal. Through this proposed program, North Kansas City residents would be offered city-subsidized membership rates to the NKC YMCA.

**3. Adjournment**

This open work session of the City Council of the City of North Kansas City, Missouri, has been duly called pursuant to the provisions of Section 2.04.030 of the Code of the City of North Kansas City, Missouri, by the undersigned Mayor of the City of North Kansas City, Missouri.

***DONE*** this 2<sup>nd</sup> day of July 2021, at 5:00 p.m.



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Bryant DeLong, *Mayor*

Representatives of the news media may obtain copies of this notice by contacting:

Crystal Doss, City Clerk, City Hall  
2010 Howell Street  
North Kansas City, Missouri 64116  
Telephone No. (816) 274-6000

Posted on the 2<sup>nd</sup> day of July 2021 at 5:00 p.m.

## Minutes of the North Kansas City, Missouri Work Session of July 6, 2021

The City Council met in a Work Session on Tuesday, July 6, 2021, at 6:00 p.m. in the City Council Chambers at City Hall, 2010 Howell Street, North Kansas City, Missouri.

The following were present:

Mayor: Bryant DeLong  
Councilmembers: Wesley Graves  
Anthony Saper  
Jesse Smith  
Lisa Tull  
Zachary Clevenger  
Adam Roberts  
Amie Clarke  
Ana Pellumbi

Staff Present: Kim Nakahodo, Interim City Administrator  
Casey Campbell, Human Resources Manager  
Nick Hawkins, Finance Manager  
Stephen Roberts, IT Manager  
Tom Barzee, City Counselor  
Crystal Doss, City Clerk

Mayor DeLong called the meeting to order at 6:00 p.m.

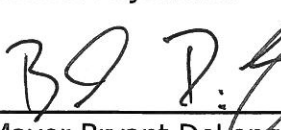
Interim City Administrator Kim Nakahodo stated that the topic of tonight's Work Session would be the NKC Healthy Citizen Initiative. She then stated that Tina Weaver, Executive Director of the North Kansas City YMCA, would present the NKC Healthy Citizens Initiative proposal. Through this proposed program, North Kansas City residents would be offered city-subsidized membership rates to the NKC YMCA. Council consensus was for the City to participate in this program and include funding in the 2021-2022 Budget. The City's participation will begin on October 1, 2021.

NKC Healthy Citizens Initiative

Mayor DeLong declared the meeting adjourned at 6:53 PM.

Adjournment

Council Adjourned

  
\_\_\_\_\_  
Mayor Bryant DeLong

Attest:

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City Clerk Crystal Doss

Approved this 20<sup>th</sup> day of July 2021

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## MEMORANDUM



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**TO:** Mayor and City Council

**FROM:** Kim Nakahodo, Interim City Administrator

**DATE:** July 6, 2021

**RE:** NKC Healthy Citizen Initiative

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Tina Weaver, Executive Director of the North Kansas City YMCA, will present the NKC Healthy Citizens Initiative proposal. Through this proposed program, North Kansas City residents would be offered city-subsidized membership rates to the NKC YMCA.

Attached please find information on the NKC Healthy Citizens Initiative proposal provided by the NKC YMCA. If the Council is amenable to this program, staff would like direction on the program specifics and suggested funding for inclusion in the FY 2021-22 Submitted Budget. Staff would then work with the NKC YMCA to bring forward formal action for consideration at a future council meeting.



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**North Kansas City Healthy Citizen Initiative  
in partnership with the North Kansas City YMCA**

TOGETHER we can build a stronger, healthier and more active North Kansas City. The below plan can be a vital service to the continued commitment to our citizens. Providing access to the Y will build for a stronger community. Plus, we will continually engage our community through various programs and challenges in which our citizens can help define.

North Kansas City is more than a city, it is a commitment to each other.

**FOR MORE THAN  
A WORKOUT.**

Everything the Y does is in service of making us—as individuals and a community—better. From advocacy to early education, disease prevention to sports, swim lessons to after school programs, everything we do helps strengthen our neighborhoods and the people who live here. When you partner with the Y, you're committing to more than simply becoming healthier. You're supporting the values and programs that strengthen our community.

**The Y.™ For a better us.**

	Membership Units	Cost of Individual Membership (100 units)	Cost of Family Membership (150 units)	Total Cost for a month	Total Cost for 11 mths /first month FREE
Full Price	250	\$59.50	\$92.00	\$19,750/mth	\$237,000 (based on 12 months)
Level 1 Price	250	\$40 (City contributes \$16.50 and Y contributes \$2.50)	\$75 (City contributes \$14.50 and Y contributes \$2.50)	\$3,825/mth	\$42,075 (11 months + one free month)
Level 2 Price	250	\$29.5 (City contributes \$25 and Y contributes \$5)	\$62 (City contributes \$25 and Y contributes \$5)	\$6,250/mth	\$68,750 (11 months + one free month)
Level 3 Price	250	\$11.5 (City contributes \$48 and Y contributes \$10)	\$34 (City contributes \$48 and Y contributes \$10)	\$12,000/mth	\$132,000 (11 months + one free month)

**Additional Savings and Perks**

- Waived Joining Fees (\$99 value)
- First month FREE
- North Kansas City Citizen Challenge Annually (Free entry for residents on Healthy Citizen Initiative membership plan.
- Open house events for all residents
- FREE access to YMCA virtual exercise programs
- \$200 in vouchers for youth and adult programming (received after the 2<sup>nd</sup> month of enrollment withdrawal)
- Access to all 11 locations in greater Kansas City area
- Access to Ys wherever you travel or work through YMCA Nationwide membership
- Financial Assistance is available to further support those in need

**NORTH KANSAS CITY YMCA**

1999 Iron Street, North Kansas City, MO 64116  
P 816.300.0531 E NKCC@KansasCityYMCA.org  
KansasCityYMCA.org

**OUR MISSION**

The YMCA of Greater Kansas City, founded on Christian principles, is a charitable organization with an inclusive environment committed to enriching the quality of family, spiritual, social, mental and physical well-being.  
A UNITED WAY AGENCY