

NORTH KANSAS CITY PARKS & RECREATION

ENCORE

... The Second Act of Life is Just a Number

SEPTEMBER - DECEMBER 2024

1201 CLARK FERGUSON DRIVE, NORTH KANSAS CITY, MO 64116 • 816.300.0545 • WWW.NKC.ORG

SPECIAL PROGRAMS

FALL SENIOR DANCE

Get ready to celebrate Fall! Join us for our Fall Dance filled with laughter, fun, food, and good company! Whether you love pumpkin spice or just enjoy the fall scenery, this gathering is all about the best of the season. Grab your sweater, sip on some apple cider, and come welcome fall with us! Your presence will make it even more special!

October 4 1:00 pm - 3:00 pm
Register by September 27
Fee: Free

SENIOR FALL FEST

You're invited to our fall party! As the air gets crisper and the days get shorter, it is high time we celebrate this blessed season of fall with our much-loved seniors, so we request the honor of your presence at our annual fall party. We will enjoy some entertainment together as well as finger food and drinks.

October 29 11:00 am
Register by October 22
Fee: \$5

HOLIDAY PARTY

Seniors, It's Cold Outside, so come inside and celebrate! Christmas comes but once a year let's get together for some holiday cheer! We've decked the halls; the lights are hung and it's time to have some fun! There will be Music Bingo, prizes, snacks, and drinks.

December 17 1:00 pm
Register by December 10
Fee: \$5

ONGOING PROGRAMS

BINGO & LUNCH

Join your friends or make new ones as you play multiple rounds of bingo and enjoy a catered lunch.

Second Tuesday at 10:00 am.
Lunch is served at 11:30 am.
Fee: \$7

September 10 (Register by Sept 3)
Menu: Hamburgers, Hot Dogs, Potato Salad, Baked Beans, Chips, and Dessert

October 8 (Register by October 1)
Menu: Chili Bar, Cornbread, and Dessert

November 12 (Register by Nov 5)
Menu: Turkey, Mashed Potatoes, Gravy, Green Bean Casserole, Dressing, Roll, and Dessert

December 10 (Register by Dec 3)
Menu: Ham, Scalloped Potatoes, Glazed Carrots, Roll, and Dessert

MOVIE DAY

See a flick, enjoy refreshments, popcorn, and sometimes an extra treat as we bring the theater experience to you.

Second and Fourth Fridays, 1:30pm
Fee: Free

September 13
Taking Chances with Kevin Bacon
(Based on a True Story)

September 27
Ticket to Paradise - Romantic Comedy

October 11

Temple Grandin (A Unique True Story)
Meryl Streep, Robert Redford

October 25
No Movie

November 8
Rabbit-Proof Fence

November 22
Mrs. Palfrey at the Claremont

December 13
The Golden Boys

December 27
The Miracle Maker - A Christmas Tale

BUNCO

We are calling all Bunco players! Have you ever wanted to learn how to play Bunco, but didn't know how to get a group started? We are the place for you! Come join us and let the good times roll! Make new friends, build memories, not to mention prizes and snacks!

Fourth Tuesday 1:00 pm
Fee: \$3

BREW CREW COFFEE CLUB

It's time to brew some coffee and splash some quotes to tickle your funny bone and let go of the stress! Enjoy the perks of having good coffee, good pastries, and good conversation together with old friends and make new friends.

First Wednesdays 9:00 am
Fee: Free

Encore Programs, Classes, & Trips

GAME DAY

Let's get together and play board games! You are welcome to bring your favorite game and teach others how to play it! There are so many fun games out there and life is too short not to have fun! Come and build memories and friendships. We would love it if you would bring a treat to share with the group.

First Thursday & Third Tuesday 1:00 pm

Fee: Free

WEEKLY PROGRAMS

Cards - Hand and Foot

Monday and Wednesday,
12:00 pm - 4:30 pm

Mahjong

Fridays, 1:00 pm - 4:30 pm

Chess Club

Thursdays, 1:00pm - 4:30 pm

WELLNESS CLASSES

FITNESS DRUMMING (SPONSORED BY CCSS)

Ages 55+ | Marcia

Fitness Drumming takes a simple movement – drumming– and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! You don't need to be a drummer to do it, and even more amazingly, you don't even need drums!

Session 4: Mondays, October 7 - December 30

10:00 am - 11:00 am

Register by September 23

Session 1: Mondays, January 6 - March 31, 2025

(No class January 20, February 19) 10:00 am - 11:00 am

Register by January 1, 2025

Fee: \$30

LUNCH & LEARN: HOW TO STUBBORNLY REFUSE TO MAKE YOURSELF MISERABLE (SPONSORED BY CCSS)

Hosted by Michelle Lane, RN, MSN, CMSRN, CHC, NE-BC-NKCHS

Everybody needs to vent sometimes, but constant complaining isn't good for your overall health, damages relationships and limits success. How to Stubbornly Refuse to Make Yourself Miserable uncovers research on how we can improve our work performance, life experience, and relationships by complaining less to ourselves by understanding why we complain and tips for changing our ways!

Wednesday, September 25 12:00 pm - 1:00 pm

Register by September 18

Fee: \$5

NEW DINNER THEATER TRIPS

AN OLD FASHION FAMILY MURDER

A Mystery, A Murder, and a Mother (who always knows). In 1942, a junior homicide detective stumbles upon the murder of a famed mystery writer. Trapped in a mansion with several suspects, he finds himself outmatched by the cunning of the killer. His only hope in solving the case—his mystery-loving mother, who luckily is trapped in the mansion with him.

Wednesday, October 23

Bus Departs at 11:00 am/Returns at 4:00 pm

Register by September 23 or until full

Fee: \$40 includes transportation, show, and lunch

NUNSENSE

One of the longest-running Broadway comedies, NUNSENSE is a hilarious spoof about five nuns who get caught up in a series of misadventures. After the convent's cook accidentally serves food that poisons a large group of nuns, they start dropping like flies. Doing their best to honor them, the remaining sisters plan a talent show to raise money to bury their dead departed, and hilarity ensues!

Wednesday, January 15, 2025

Bus Departs at 11:00 am/Returns at 4:00 pm

Register by December 15 or until full

Fee: \$40 includes transportation, show, and lunch

DAY TRIPS

LOUISBURG, KS

Cedar Cove is the culmination of William Pottorff's long-held vision to educate the public about the large cats of the world and the need to protect the many species endangered in the wild. We will get to tour and see tigers, lions, a leopard, a mountain lion, wolves, servals, a caracal, a lynx, an Asian leopard cat, bobcats, Geoffroy's cats, coatimundis, and foxes. The Louisburg Cider Mill, planted through the vision of a serial entrepreneur named Emmett O'Rear and cultivated for decades by visionary leaders Tom and Shelly Schierman and an incredibly loyal team of associates. The Cider Mill has grown to become one of Kansas' premier attractions, and a draw throughout the Midwest. We will have a guided tour and get to watch them make apple cider and sample along with their cider donuts!

Thursday, October 10

Bus Departs at 8:45 am/Returns at 4:30 pm

Register by September 26 or until full

Fee: \$75 includes transportation, tours, and lunch

**CLAY COUNTY SENIOR SERVICES (CCSS)
SCHOLARSHIPS AVAILABLE QUARTLY!**

Contact Marcia Hansen for more information, 816-300-0545 or mhansen@nkc.org.



Encore Trips

OPTIONS FOR REGISTRATION

There are no residency requirements to sign up for our programs or trips.

- Online registration go to <https://nkcpr.activityreg.com/>
- By phone with credit/debit card

- Stop by our office at 1201 Clark Ferguson Drive and pay with check, cash or credit/debit card
- Mail check to:
**1201 Clark Ferguson Drive,
North Kansas City, MO 64116**

NDT/TRIPS REFUND POLICY

- **Cancelation after registration deadline may result in forfeiture of paid fees if a replacement cannot be secured.**

DAY TRIPS

ABC TOUR ANTIQUES, BOTIQUES, & COFFEE

This bi-state tour satisfies all your cravings: three coffee shops, three blocks of antique shops, a specialty upscale boutique, lunch at Unforked, specialty chocolate and gelato shops... what more could you ask for in a tour? Coffee stops include Café Corazon in Westport, The Roasterie Café Woodside, and Hi Hat Coffee in Westwood. The Antique District and The Shops of Westwood Hills are highlighted on this tour, with ample time to browse. **Walking distance: 1.5 miles; hilly**

Thursday, November 7

Bus Departs at 9:30 am/Returns at 4:00 pm

Register by October 24 or until full

Fee: \$85 includes transportation, tour, lunch, coffee samples, and a little chocolate

MYSTERY CHRISTMAS LIGHT TOUR

Over the highways and through the cities to Christmas lights we go! Come join us on this fun adventure that is sure to get you in the Holiday Spirits! You will get to enjoy a special Christmas treat along the way. That is about all I can tell you for now, the rest will unfold as we go along. You won't want to miss out on our annual Christmas Lights Tour, it's sure to be a magical night!

Wednesday, December 11

Bus Departs at 3:30 pm/Returns at 9:00 pm

Register by December 4 or until full

Fee: \$50 includes transportation, tours, and Christmas treat

OVERNIGHT TRIPS

OMAHA ZOO/BOYS TOWN/HOLLYWOOD CANDY

Day One: Voted #1 Zoo in the Nation - Unleash your sense of wonder across 160 acres of plants, animals, and unique habitats from around the world right here in Omaha, Nebraska. Escape to an urban oasis, the home of more than twenty themed gardens invites you to immerse yourself in the beauty of the Nebraska landscape. Day Two: Boys Town - while ministering to the homeless on the streets of Omaha, Nebraska, Father Edward Joseph Flanagan developed a lifelong interest in young people and their struggle to grow into responsible, productive members of society. Today, with your help, we continue Father Flanagan's mission of saving children and healing families. Spaghetti Works for lunch and last stop before home will be Hollywood Candy in Omaha's Old Market. We've entertained visitors since 2007 with our unexpected vintage atmosphere and large selection of candies. We will stay at Harrah's Casino Hotel.

September 19 & 20

Bus Departs at 8:00 am/Returns at 5:30 pm next day

Register by September 5 or until full

Fee: Single \$295, Double \$240 includes transportation, hotel, admission to Zoo and Boy's Town tour, and lunch at Spaghetti Works (not included: lunch at the zoo, dinner and breakfast at Harrah's)

THERE'S STILL TIME TO SIGN UP FOR A FUN WEEK IN BRANSON!

What better place to get you in the holiday spirit than BRANSON! We will take in 6 fabulous shows including: Dalena Ditto's Country Evolution, Doug Gabriel Morning Show, and a Neil Diamond Tribute Show. Three evening shows The Haygood's Christmas Show, Hughes Brothers Christmas Show & Laugh Your Yak-Off Christmas Show featuring Yakov Smirnoff. We will be taking in Branson Landing and discover waterfront shopping, dining, and attractions. You can add peace of mind to your trip with Diamond Tours Travel Confident Protection Plan (see Marcia for this).

Monday through Friday, December 2-6

Final Payment due September 25, 2024

Fees: Single \$900, Double \$765

PARKS & RECREATION CENTER CLOSED

Monday,
September 2

Labor Day

Tuesday & Wednesday,
December 24 & 25

Christmas Holiday

Thursday & Friday,
November 28 & 29
Thanksgiving Holiday

Tuesday & Wednesday
December 31 & January 1
New Year's Day



1201 Clark Ferguson Drive
North Kansas City, MO 64116

Calling All Bakers!

Yes, it is that time of the year to be getting ready for our annual bake sale at the Mistletoe Market!

We are the busiest table and that is no joke! The vendors and the people love your baking. We need lots of volunteers to bake as well as work at our table. We would like to see cookies, pies, mini pies, breads, candy, jar mixes and more are welcome! Proceeds will go towards offsetting costs for Senior programs and events. Products must be wrapped or in containers to be sold.

Drop off Thursday, November 14 and Friday, November 15

Call or see Marcia for more information or sign up for a shift to work the Bake Sale table.

